

SIA Academy – Program Guide 2026–2027

Location: SIA Center, Valencia, Spain

Audience: Players (13–19), Coaches, Teams & Clubs

Last updated: June 2026

1. About SIA Academy

SIA Academy is a high-performance football academy in Valencia, Spain. We combine:

- **UEFA Pro coaching staff**
- **Tactical Periodisation methodology**
- **Professional-level facilities**
- **A safe, fully residential environment**

Our mission is to bridge the gap between **talented players and the professional game**, and to support **coaches and teams** with elite training experiences.

2. Who This Guide Is For

This guide is for:

- Players and parents considering a **residential program**
- Coaches looking for **methodology and certification**
- Clubs, academies, schools and colleges planning **team camps in Europe**

It gives a clear overview of each main pathway at SIA Academy.

3. Player Pathway – Player Mastery Program (13–19)

Type: Residential high-performance program

Location: SIA Center, Valencia

Age: 13–19

Objectives

- Develop players' **technical mastery** under pressure
- Improve **tactical intelligence** using Tactical Periodisation
- Prepare players for **trials and professional environments**
- Support **academic balance** alongside football

Key Features

- Daily training based on **Tactical Periodisation**
- Position-specific work and video analysis
- Competitive matches and showcase opportunities
- Strength & conditioning and injury prevention
- Academic support (school/online coordination)

Weekly Structure (Example)

- **5–6 pitch sessions** per week
- **2–3 gym / athletic development** sessions
- **1–2 video analysis** sessions
- Competitive match or internal game on weekend

Ideal For

- Ambitious players aged 13–19
- Families seeking a **European academy experience**
- Players targeting **professional trials** or higher-level scholarships

4. Coach Pathway – Coaching Excellence (Tactical Periodisation)

Type: High-performance coaching program

Formats: On-site (Valencia) & Online

Duration: 8 weeks (standard track)

Objectives

- Teach coaches to **design and apply a game model**
- Build **weekly morphocycles** using Tactical Periodisation
- Integrate **analysis, physical work and tactics** in one framework

- Strengthen **leadership and communication** inside a staff

What Coaches Learn

- Tactical Periodisation principles and history
- Game model design (with/without ball, transitions, set plays)
- Weekly and seasonal periodisation
- Training task design and constraints-led coaching
- Match and training analysis (video & basic data)
- Working with multidisciplinary staff (analyst, fitness coach, GK coach)

Ideal For

- Academy and youth coaches (U13–U19)
- Senior team coaches (amateur, semi-pro, pro)
- Performance analysts and assistant coaches

5. Team Pathway – Elite Team Prep (Team Performance Camps)

Type: High-performance team camps

Location: SIA Center, Valencia

Audience: Clubs, academies, schools, colleges

Objectives

- Provide **pre-season or in-season camps** in a pro environment
- Align training with the team's **own game model**
- Combine **training, friendly matches and analysis**
- Offer a safe, full-service **residency experience** in Spain

Camp Components

- Tactical Periodisation-based training sessions
- Friendly matches vs. Spanish opposition
- Match and training analysis sessions
- Recovery and sports science support
- Cultural and Valencia city experiences

Logistics

- On-site residence at SIA Center
- Performance nutrition and team dining
- Private transport for airport, training and matches
- 24/7 supervision and controlled access

Ideal For

- Professional and semi-pro clubs
- Elite youth academies
- School and college teams seeking a **European tour**

6. Facilities Overview

At SIA Center in Valencia, teams and players have access to:

- High-quality natural and artificial **pitches**
- Indoor training and gym areas
- Video analysis rooms and meeting spaces
- On-site residence with team-only floors
- Recovery and medical areas

The environment is designed to mirror **professional club standards** while remaining safe and structured for youth.

7. Sample Yearly Calendar (2026–2027)

- **September–June:** Player Mastery Program (residential)
- **September / January / April:** Coaching Excellence on-site intakes
- **All year:** Coaching Excellence Online Campus (monthly starts)

- **Pre-season & breaks:** Elite Team Prep camps for clubs and schools
(Exact dates and availability are confirmed individually with SIA Academy.)
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8. How to Apply or Enquire Players & Parents

- Visit the **Player Mastery Program** page
- Click “**Apply Now**” to complete the application form
- Attach recent video and football CV where possible

Coaches

- Visit the **Coaching Excellence** page
- Download the **Coaching Excellence Syllabus**
- Click “**Enrol Now**” to submit your details

Teams & Clubs

- Visit the **Elite Team Prep** page
 - Use the **inquiry form** to share team profile, dates and goals
 - Our staff will propose a **custom camp package** in Valencia
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9. Contact

SIA Academy

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