

SIA Academy – Tactical Periodisation Programs

Valencia, Spain & Global Talent Pathways

For serious players aged 13–19 who want a real pathway from academy to professional football.

Why SIA Academy?

SIA Academy is a premier high-performance football academy built around Tactical Periodisation.

Our UEFA Pro coaches and sports scientists design every session to connect:

- Game model
- Weekly morphocycle
- Session design
- Video and data analysis
- Physical and mental load

So players don't just train harder – they train smarter and closer to professional standards.

Our Programs

SIA Junior Excellence (Ages 6–12)

- Builds technical mastery and early tactical awareness
- Age-appropriate Tactical Periodisation principles
- Focus on decision-making, creativity and game intelligence
- Ideal for young players preparing for elite academies

Professional Pathway Residency (Ages 13–19)

- Full-time residency program at SIA Academy in Valencia
- Daily Tactical Periodisation training with UEFA-licensed staff
- Competitive matches and showcases vs. Spanish academies and clubs
- Individual development plans and performance reviews
- Clear pathway toward professional trials and scholarships

Player Mastery Program

- Intensive program focused on technical excellence and tactical intelligence
- Position-specific work for defenders, midfielders and forwards
- Video feedback and data-driven progress tracking
- Ideal for players targeting professional or NCAA/college opportunities

Elite Team Prep & Team Tours

- Custom camps and tours for clubs and academies
- Friendly matches vs. Spanish and European teams
- Tactical Periodisation training sessions with SIA staff
- Full logistics support: accommodation, transport and cultural experiences

Coach Education – Coaching Excellence

- For academy and performance coaches
 - Deep dive into game model, morphocycle and session design
 - Video analysis, leadership and staff management in high-performance environments
 - Learn how to apply Tactical Periodisation in your own club or academy
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Training Methodology: Tactical Periodisation

We use a research-backed Tactical Periodisation model to:

- Train the team's game idea every day
 - Integrate tactical, technical, physical and mental demands in one session
 - Control weekly load to avoid overtraining and reduce injury risk
 - Prepare players to think and act like professionals in all four moments of the game
- Every session starts from the game model, not from isolated drills.

Facilities in Valencia

- FIFA-standard natural and hybrid grass pitches for high-intensity tactical work
- High-tech Tactical Lab with video walls and analysis tools
- On-site recovery suite with ice baths, physio support and mobility areas
- Secure player residences with study spaces, common rooms and supervised rest areas
- Classrooms and meeting rooms for theory, video and leadership sessions

Player Support, Education & Welfare

- Academic support so players can balance school and football
- Nutrition guidance and performance-focused daily menus
- Sports psychology and mindset coaching for high-pressure environments
- 24/7 supervised residences and strict welfare standards
- Clear communication with families about progress and next steps

Scholarships, African Talent & Global Pathways

Global Elite Scholarship

- For outstanding talents with strong potential and character
- Partial support for residency and training fees

African Talent Hunt & International Scouting

- Identification of top African and international talents
- Access to SIA Academy programs and European exposure
- Support with adaptation, education and long-term development

Team Tours & Seasonal Camps

- Tailored tours for clubs and academies from around the world
- Matches vs. Spanish and European opposition
- Tactical Periodisation training blocks led by SIA staff

Who Is This For?

- Ambitious players aged 13–19 who want a professional pathway
- Younger players (6–12) who need a strong technical and tactical base
- Clubs and academies seeking high-level tours, camps and methodology
- Coaches who want to master Tactical Periodisation and modern game demands

How to Apply

1. Complete the online application form on our website
2. Share your football CV and recent match footage (if available)
3. Our staff review your profile and contact you with feedback
4. Successful players receive an invitation, program options and next steps

Contact

SIA Academy – High-Performance Football Center
Valencia, Spain